

**ABSTRACT OF THE DISCLOSURE**

An armrest apparatus comprises a fixed shaft fixed to a seat frame, a rotation plate integrally connected to an armrest body and having a tubular portion into which the fixed shaft 5 is inserted, a lock spring wound tightly on outer peripheral surfaces of a part of the fixed shaft and the tubular portion of the rotation plate in a free condition, a cancellation block rotatably mounted on a pivot shaft, and a cam unit mounted on a distal end of the fixed shaft and including a lock-canceling 10 cam portion and a re-lock cam portion, the re-lock cam portion is spaced from the lock-canceling cam portion in a direction of rotation of the cam member.